

OTTER TRAIL GUIDE

TIDES MAR 2026

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0615	1905	0259	1516	0906	2120
2	0616	1904	0337	1553	0941	2151
3	0617	1903	0411	1626	1013	2220
4	0618	1901	0443	1657	1043	2247
5	0619	1900	0512	1725	1110	2312
6	0620	1859	0539	1751	1137	2337
7	0620	1857	0605	1816	1202	----
8	0621	1856	0629	1841	0002	1228
9	0622	1855	0654	1907	0028	1255
10	0623	1854	0722	1938	0057	1327
11	0624	1853	0802	2029	0133	1412
12	0624	1851	0918	----	0241	1608
13	0625	1850	0042	1250	0639	1928
14	0626	1848	0137	1344	0733	2003
15	0626	1847	0212	1421	0809	2033
16	0627	1846	0243	1454	0841	2100
17	0628	1844	0315	1527	0913	2128
18	0629	1843	0346	1600	0945	2157
19	0630	1842	0419	1633	1018	2227
20	0631	1840	0452	1707	1052	2257
21	0631	1839	0526	1741	1126	2330
22	0632	1838	0601	1815	1202	----
23	0633	1836	0638	1852	0004	1239
24	0634	1835	0719	1935	0043	1322
25	0635	1834	0812	2037	0131	1416
26	0635	1832	0948	2341	0250	1607
27	0636	1831	1222	----	0623	1851
28	0637	1830	0107	1329	0727	1943
29	0638	1828	0156	1415	0810	2021
30	0639	1827	0235	1453	0846	2053
31	0639	1825	0310	1528	0917	2122

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

